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whatever you want 3 days a week and still lose weight? That sounds great, right? What if I told you Dan Long's wife went from 163 pounds to 128 pounds in 6 weeks? And that he went from 244 pounds to 206 pounds in that same amount ... 1 Hour Belly Blast Diet Review - Another Scam Or Real Program? 1 Hour Belly Blast Diet Review - Real Fat Burning Weight Loss Diet ... Длительность: 1:44 Опубликовано: 10 июл. 2017 г. 1 Hour Belly Blast Diet is all in one exact blueprint for turning on your metabolism and it shows you how to lose stubborn fat from other